

JUNE 2021



COST OF ENTIRE SUMMER WORKOUT PROGRAM: \$100

WORKOUTS HELD AT THE SFHS FIELDHOUSE

SUN	MON	TUE	WED	THU	FRI	SAT
		1	2	3	4	5
	NO WORKOUTS	NO WORKOUTS	NO WORKOUTS	NO WORKOUTS	NO WORKOUTS	
6	7	8	9	10	11	12
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30		
13	14	15	16	17	18	19
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30		
20	21	22	23	24	25	26
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30		
27	28	29	30			
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30			

REMINDERS:

- SPIRIT PACK MONEY DUE BY JUNE 30
- ATTENDANCE WILL BE CHECKED DAILY; PLEASE PLAN VACATIONS ACCORDINGLY
- IF YOU HAVE TO MISS, CONTACT COACH BRADLEY BLACKMON VIA REMIND 101.

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SUN	MON	TUE	WED	THU	FRI	SAT
				1	2	3
				Summer Workouts 10-11:30		
4	5	6	7	8	9	10
	OFF- 4 th of July Week	OFF- 4 th of July Week	OFF- 4 th of July Week	OFF- 4 th of July Week	OFF- 4 th of July Week	
11	12	13	14	15	16	17
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30		
18	19	20	21	22	23	24
	AHSAA DEAD WEEK- NO WORKOUTS	AHSAA DEAD WEEK- NO WORKOUTS	AHSAA DEAD WEEK- NO WORKOUTS	AHSAA DEAD WEEK- NO WORKOUTS	AHSAA DEAD WEEK- NO WORKOUTS	
25	26	27	28	29	30	31
	Summer Workouts 10-11:30	Summer Workouts 10-11:30	Summer Workouts 10-11:30	OFF- NO WORKOUTS GET READY FOR FALL CAMP		
August 1	2	3	4	5	6	7
	Fall Practice Starts Time: TBD	Fall Practice	Fall Practice	Fall Practice	Fall Practice	